

| | AGE 9 | AGE 10 | AGE 11 | AGE 12 | AGE 13 | AGE 14 | AGE 15 | AGE 16 + |
|----------------------------|-----------------|------------------|------------------|------------------|------------------|------------------|------------------|--------------|
| FEMALE SHORT COURSE | | | | | | | | |
| 50 FREE | Katie Parfitt | Katie Parfitt | Abigail Abrahams | Emily Shaw | Beth Aitchison | Abigail Abrahams | Beth Newton | Beth Newton |
| <i>time</i> | 34.23 | 32.24 | 30.86 | 28.72 | 27.58 | 27.62 | 27.54 | 26.79 |
| <i>venue</i> | Hutton Moor | Hutton Moor | Hutton Moor | Hutton Moor | Millfield | Millfield | Millfield | Bristol |
| <i>year</i> | 2009 | 2009 | 2007 | 2001 | 2011 | 2010 | 2014 | 2015 |
| FEMALE LONG COURSE | | | | | | | | |
| 50 FREE | Katie Parfitt | Katie Parfitt | Katie Parfitt | Emily Shaw | Abigail Abrahams | Abigail Abrahams | Emily Shaw | Beth Newton |
| <i>time</i> | 34.17 | 31.04 | 29.49 | 28.31 | 28.19 | 27.57 | 28.01 | 27.77 |
| <i>venue</i> | Millfield | Bath | Sheffield | Sheffield | Millfield | Sheffield | Sheffield | Wycombe |
| <i>year</i> | 2009 | 2010 | 2011 | 2001 | 2010 | 2010 | 2004 | 2016 |
| FEMALE SHORT COURSE | | | | | | | | |
| 100 FREE | Sophie Abrahams | Abigail Abrahams | Katie Parfitt | Emily Shaw | Abigail Abrahams | Abigail Abrahams | Beth Newton | Beth Newton |
| <i>time</i> | 1.21.43 | 1.08.06 | 1.02.95 | 1.01.18 | 1.00.23 | 58.47 | 58.87 | 56.88 |
| <i>venue</i> | Hutton Moor | Hutton Moor | Millfield | Sheffield | Sheffield | Millfield | Millfield | Newport |
| <i>year</i> | 2008 | 2007 | 2011 | 2001 | 2009 | 2010 | 2014 | 2015 |
| FEMALE LONG COURSE | | | | | | | | |
| 100 FREE | Katie Parfitt | Katie Parfitt | Katie Parfitt | Emily Shaw | Abigail Abrahams | Abigail Abrahams | Emily Shaw | Beth Newton |
| <i>time</i> | 1.17.43 | 1.08.61 | 1.02.98 | 1.01.23 | 1.01.02 | 59.11 | 59.22 | 58.31 |
| <i>venue</i> | Bath | Millfield | Millfield | Sheffield | Sheffield | Millfield | Sheffield | London AC |
| <i>year</i> | 2008 | 2010 | 2011 | 2002 | 2009 | 2010 | 2004 | 2015 |
| FEMALE SHORT COURSE | | | | | | | | |
| 200 FREE | Katie Parfitt | Katie Parfitt | Katie Parfitt | Abigail Abrahams | Abigail Abrahams | Abigail Abrahams | Beth Newton | Beth Newton |
| <i>time</i> | 2.38.61 | 2.25.20 | 2.14.88 | 2.12.81 | 2.09.49 | 2.04.72 | 2.04.78 | 2.01.76 |
| <i>venue</i> | Hutton Moor | Hutton Moor | Millfield | Newport | Hutton Moor | Hutton Moor | Millfield | Millfield |
| <i>year</i> | 2009 | 2010 | 2011 | 2008 | 2009 | 2010 | 2014 | 2015 |
| FEMALE LONG COURSE | | | | | | | | |
| 200 FREE | Katie Parfitt | Katie Parfitt | Katie Parfitt | Abigail Abrahams | Abigail Abrahams | Abigail Abrahams | Abigail Abrahams | Beth Newton |
| <i>time</i> | 2.41.40 | 2.22.91 | 2.14.79 | 2.15.69 | 2.11.36 | 2.05.22 | 2.12.48 | 2.03.37 |
| <i>venue</i> | Millfield | Bath | Millfield | Millfield | Millfield | Millfield | Manchester | Sheffield |
| <i>year</i> | 2009 | 2010 | 2011 | 2008 | 2009 | 2010 | 2011 | 2015 |
| FEMALE SHORT COURSE | | | | | | | | |
| 400 FREE | Katie Parfitt | Katie Parfitt | Katie Parfitt | Abigail Abrahams | Abigail Abrahams | Abigail Abrahams | Beth Newton | Chloe Edrich |
| <i>time</i> | 5.20.96 | 4.58.00 | 4.41.28 | 4.38.52 | 4.24.02 | 4.24.04 | 4.28.06 | 4.22.37 |
| <i>venue</i> | Newport | Hutton Moor | Millfield | Newport | Hutton Moor | Hutton Moor | Millfield | Newport |
| <i>year</i> | 2009 | 2010 | 2010 | 2008 | 2010 | 2010 | 2014 | 2016 |
| FEMALE LONG COURSE | | | | | | | | |
| 400 FREE | Katie Parfitt | Katie Parfitt | Katie Parfitt | Katie Parfitt | Abigail Abrahams | Abigail Abrahams | Nichola Shaw | Beth Newton |
| <i>time</i> | 5.30.89 | 4.59.78 | 4.46.15 | 4.42.43 | 4.34.07 | 4.27.18 | 4.50.26 | 4.31.02 |
| <i>venue</i> | Millfield | Bath | Cardiff | Millfield | Millfield | Millfield | Manchester | Sheffield |
| <i>year</i> | 2009 | 2010 | 2011 | 2011 | 2010 | 2010 | 2005 | 2015 |

| FEMALE SHORT COURSE | | | | | | | | |
|---------------------|-------------------|-------------------|-------------------|-------------------|------------------|-------------------|-------------------|-------------------|
| 800 FREE | No Swimmer | Jessie Foster | Katie Speller | Beth Aitchison | Beth Aitchison | Lorna Robertson | Rebecca Cook | Chloe Edrich |
| <i>time</i> | | 10.59.11 | 11.05.77 | 10.24.98 | 9.44.91 | 10.09.92 | 9.49.01 | 9.07.56 |
| <i>venue</i> | | Swindon | Jersey | Yeovil | Yeovil | Millfield | Millfield | Millfield |
| <i>year</i> | | 2009 | 2000 | 2009 | 2010 | 2005 | 2006 | 2016 |
| FEMALE LONG COURSE | | | | | | | | |
| 800 FREE | No Swimmer | Katie Parfitt | Katie Parfitt | Abigail Abrahams | Abigail Abrahams | Abigail Abrahams | Maddie Hamlett | Chloe Edrich |
| <i>time</i> | | 10.21.18 | 9.45.18 | 9.37.75 | 9.18.98 | 9.09.23 | 10.12.32 | 9.21.28 |
| <i>venue</i> | | Millfield | Millfield | Millfield | Millfield | Millfield | Millfield | Millfield |
| <i>year</i> | | 2010 | 2011 | 2009 | 2010 | 2010 | 2014 | 2016 |
| FEMALE SHORT COURSE | | | | | | | | |
| 1500 FREE | No Swimmer | No Swimmer | No Swimmer | No Swimmer | Beth Aitchison | No Swimmer | No Swimmer | No Swimmer |
| <i>time</i> | | | | | 18.34.50 | | | |
| <i>venue</i> | | | | | Yeovil | | | |
| <i>year</i> | | | | | 2010 | | | |
| FEMALE LONG COURSE | | | | | | | | |
| 1500 FREE | No Swimmer | No Swimmer | Abigail Abrahams | Abigail Abrahams | Beth Aitchison | Abigail Abrahams | No Swimmer | No Swimmer |
| <i>time</i> | | | 19.50.67 | 18.50.06 | 18.45.34 | 17.55.11 | | |
| <i>venue</i> | | | Millfield | Millfield | Millfield | Millfield | | |
| <i>year</i> | | | 2008 | 2008 | 2011 | 2010 | | |
| FEMALE SHORT COURSE | | | | | | | | |
| 50 BACK | Ruby Varney | Ruby Varney | Nicola Shaw | Jessie Foster | Beth Aitchison | India Cooper | Beth Newton | Beth Newton |
| <i>time</i> | 39.15 | 36.58 | 35.87 | 32.43 | 31.96 | 33.68 | 29.73 | 28.41 |
| <i>venue</i> | Millfield | Millfield | Manchester | Millfield | Millfield | Gloucester | Millfield | Sheffield |
| <i>year</i> | 2015 | 2016 | 2002 | 2011 | 2011 | 2013 | 2014 | 2015 |
| FEMALE LONG COURSE | | | | | | | | |
| 50 BACK | Ruby Varney | Ruby Varney | Rebecca Cook | Emily Shaw | Imogen Rogers | Lorna Robertson | Beth Newton | Beth Newton |
| <i>time</i> | 40.84 | 37.14 | 37.18 | 34.69 | 34.60 | 34.27 | 30.98 | 29.78 |
| <i>venue</i> | Bristol | Bristol | Millfield | Millfield | Millfield | Millfield | Sheffield | Sheffield |
| <i>year</i> | 2015 | 2016 | 2002 | 2001 | 2015 | 2005 | 2014 | 2015 |
| FEMALE SHORT COURSE | | | | | | | | |
| 100 BACK | Sophie Abrahams | Ruby Varney | Katie Parfitt | Jessie Foster | Maddie Hamlett | Abigail Lavallin | Beth Newton | Beth Newton |
| <i>time</i> | 1.36.17 | 1.19.01 | 1.13.66 | 1.10.06 | 1.12.04 | 1.10.59 | 1.03.03 | 1.01.36 |
| <i>venue</i> | Hutton Moor | Millfield | Millfield | Millfield | Millfield | Hutton Moor | Millfield | Bristol |
| <i>year</i> | 2008 | 2016 | 2011 | 2011 | 2012 | 2007 | 2014 | 2015 |
| FEMALE LONG COURSE | | | | | | | | |
| 100 BACK | Katie Parfitt | Katie Parfitt | Katie Parfitt | Emily Shaw | Emily Shaw | India Cooper | Lorna Robertson | Beth Newton |
| <i>time</i> | 1.31.54 | 1.19.64 | 1.15.02 | 1.16.14 | 1.14.27 | 1.12.84 | 1.12.72 | 1.03.08 |
| <i>venue</i> | Cardiff | Millfield | Millfield | Sheffield | Millfield | Bristol | Millfield | Sheffield |
| <i>year</i> | 2008 | 2010 | 2011 | 2002 | 2002 | 2014 | 2006 | 2015 |
| FEMALE SHORT COURSE | | | | | | | | |
| 200 BACK | Katie Parfitt | Katie Parfitt | Katie Parfitt | Maddie Hamlett | Nicola Shaw | Abigail Abrahams | Beth Newton | Beth Newton |
| <i>time</i> | 2.55.96 | 2.45.32 | 2.31.96 | 2.40.29 | 2.30.69 | 2.25.94 | 2.19.66 | 2.13.75 |
| <i>venue</i> | Hutton Moor | Hutton Moor | Millfield | Millfield | Wigan | Millfield | Millfield | Sheffield |
| <i>year</i> | 2009 | 2010 | 2011 | 2011 | 2004 | 2010 | 2014 | 2015 |

FEMALE LONG COURSE

| | | | | | | | | |
|-----------------|-------------|-------------|---------------|-------------|--------------|------------------|--------------|-------------|
| 200 BACK | Ruby Varney | Ruby Varney | Katie Parfitt | Nicola Shaw | India Cooper | Abigail Abrahams | Rebecca Cook | Beth Newton |
| <i>time</i> | 3.10.81 | 2.50.72 | 2.38.07 | 2.44.07 | 2.38.68 | 2.31.36 | 2.38.00 | 2.16.41 |
| <i>venue</i> | Millfield | Millfield | Millfield | Wigan | Millfield | Millfield | Millfield | Sheffield |
| <i>year</i> | 2015 | 2016 | 2011 | 2003 | 2013 | 2010 | 2006 | 2015 |

FEMALE SHORT COURSE

| | | | | | | | | |
|------------------|---------------|---------------|---------------|---------------|------------------|------------------|--------------|--------------|
| 50 BREAST | Katie Parfitt | Jessie Foster | Jessie Foster | Jessie Foster | Abigail Abrahams | Abigail Lavallin | Georgia Hill | Chloe Edrich |
| <i>time</i> | 43.57 | 39.92 | 37.23 | 34.91 | 36.95 | 37.00 | 36.14 | 32.96 |
| <i>venue</i> | Newport | Swindon | Swindon | Millfield | Hutton Moor | Hutton Moor | Millfield | Sheffield |
| <i>year</i> | 2009 | 2009 | 2010 | 2011 | 2009 | 2007 | 2016 | 2016 |

FEMALE LONG COURSE

| | | | | | | | | |
|------------------|---------------|---------------|---------------|------------------|----------------|--------------|------------------|-----------|
| 50 BREAST | Katie Parfitt | Katie Parfitt | Jessie Foster | Abigail Abrahams | Lucie Spraggon | Georgia Hill | Abigail Lavallin | Zoe Baker |
| <i>time</i> | 46.54 | 42.02 | 37.68 | 36.93 | 41.03 | 38.28 | 37.26 | 32.04 |
| <i>venue</i> | Millfield | Bath | Millfield | Sheffield | Wycombe | Millfield | Millfield | Bath |
| <i>year</i> | 2009 | 2010 | 2009 | 2008 | 2004 | 2016 | 2008 | 2010 |

FEMALE SHORT COURSE

| | | | | | | | | |
|-------------------|---------------|---------------|---------------|---------------|----------------|------------------|------------------|--------------|
| 100 BREAST | Katie Parfitt | Jessie Foster | Jessie Foster | Jessie Foster | Beth Aitchison | Abigail Lavallin | Abigail Lavallin | Chloe Edrich |
| <i>time</i> | 1.32.57 | 1.25.41 | 1.20.22 | 1.15.30 | 1.14.03 | 1.18.15 | 1.18.87 | 1.10.36 |
| <i>venue</i> | Hutton Moor | Hutton Moor | Hutton Moor | Millfield | Millfield | Hutton Moor | Hutton Moor | Sheffield |
| <i>year</i> | 2009 | 2009 | 2009 | 2011 | 2011 | 2007 | 2008 | 2016 |

FEMALE LONG COURSE

| | | | | | | | | |
|-------------------|---------------|---------------|----------------|---------------|------------------|------------------|------------------|--------------|
| 100 BREAST | Katie Parfitt | Katie Parfitt | Lydia Lavallin | Jessie Foster | Abigail Lavallin | Abigail Abrahams | Abigail Lavallin | Chloe Edrich |
| <i>time</i> | 1.38.15 | 1.26.92 | 1.19.17 | 1.15.19 | 1.20.02 | 1.19.83 | 1.20.61 | 1.10.34 |
| <i>venue</i> | Cardiff | Millfield | Sheffield | Manchester | Bath | Millfield | Millfield | Sheffield |
| <i>year</i> | 2008 | 2010 | 2010 | 2011 | 2006 | 2010 | 2009 | 2016 |

FEMALE SHORT COURSE

| | | | | | | | | |
|-------------------|---------------|---------------|---------------|---------------|----------------|------------------|--------------|--------------|
| 200 BREAST | Katie Parfitt | Jessie Foster | Jessie Foster | Jessie Foster | Beth Aitchison | Abigail Lavallin | Georgia Hill | Chloe Edrich |
| <i>time</i> | 3.22.23 | 3.03.27 | 2.48.73 | 2.37.43 | 2.39.24 | 2.52.45 | 2.50.32 | 2.31.67 |
| <i>venue</i> | Hutton Moor | Swindon | Swindon | Millfield | Millfield | Hutton Moor | Bristol | Newport |
| <i>year</i> | 2009 | 2009 | 2010 | 2011 | 2011 | 2007 | 2016 | 2016 |

FEMALE LONG COURSE

| | | | | | | | | |
|-------------------|---------------|---------------|---------------|---------------|---------------|------------------|------------------|--------------|
| 200 BREAST | Katie Parfitt | Katie Parfitt | Jessie Foster | Jessie Foster | Jessie Foster | Abigail Lavallin | Abigail Lavallin | Chloe Edrich |
| <i>time</i> | 3.28.48 | 3.08.54 | 2.55.71 | 2.39.32 | 2.39.04 | 2.54.09 | 2.51.73 | 2.35.98 |
| <i>venue</i> | Cardiff | Millfield | Millfield | Sheffield | Millfield | Crystal Palace | Millfield | Sheffield |
| <i>year</i> | 2008 | 2010 | 2009 | 2010 | 2011 | 2007 | 2008 | 2016 |

FEMALE SHORT COURSE

| | | | | | | | | |
|---------------|---------------|---------------|---------------|------------------|------------------|------------------|-----------------|-------------|
| 50 FLY | Katie Parfitt | Katie Parfitt | Katie Parfitt | Abigail Abrahams | Abigail Abrahams | Abigail Abrahams | Lorna Robertson | Beth Newton |
| <i>time</i> | 37.76 | 34.94 | 32.72 | 31.58 | 31.02 | 29.83 | 31.54 | 28.07 |
| <i>venue</i> | Hutton Moor | Hutton Moor | Millfield | Hutton Moor | Millfield | Hutton Moor | Hutton Moor | Millfield |
| <i>year</i> | 2009 | 2010 | 2011 | 2008 | 2009 | 2010 | 2006 | 2015 |

FEMALE LONG COURSE

| | | | | | | | | |
|---------------|--------------|---------------|---------------|----------------|------------------|------------------|----------------|-------------|
| 50 FLY | Tegan Lawton | Katie Parfitt | Katie Parfitt | Maisie Banwell | Abigail Abrahams | Abigail Abrahams | Victoria Evans | Beth Newton |
| <i>time</i> | 39.54 | 33.54 | 32.47 | 33.06 | 30.09 | 30.04 | 32.17 | 29.86 |
| <i>venue</i> | Plymouth | Bath | Sheffield | Millfield | Bath | Millfield | Millfield | Millfield |
| <i>year</i> | 2016 | 2010 | 2011 | 2016 | 2009 | 2010 | 2016 | 2010 |

| FEMALE SHORT COURSE | | | | | | | | |
|---------------------|-------------------|---------------|------------------|------------------|------------------|------------------|------------------|--------------|
| 100 FLY | Katie Parfitt | Jessie Foster | Abigail Abrahams | Abigail Abrahams | Abigail Abrahams | Abigail Abrahams | Maddie Hamlett | Beth Newton |
| <i>time</i> | 1.25.53 | 1.20.47 | 1.11.35 | 1.06.82 | 1.03.69 | 1.04.40 | 1.09.12 | 1.03.17 |
| <i>venue</i> | Hutton Moor | Hutton moor | Hutton Moor | Hutton Moor | Hutton Moor | Watford | Millfield | Millfield |
| <i>year</i> | 2009 | 2009 | 2008 | 2009 | 2010 | 2010 | 2014 | 2015 |
| FEMALE LONG COURSE | | | | | | | | |
| 100 FLY | Katie Parfitt | Katie Parfitt | Katie Parfitt | Abigail Abrahams | Abigail Abrahams | Abigail Abrahams | Abigail Abrahams | Chloe Edrich |
| <i>time</i> | 1.32.99 | 1.15.31 | 1.12.21 | 1.08.79 | 1.05.35 | 1.04.10 | 1.05.78 | 1.05.84 |
| <i>venue</i> | Cardiff | Millfield | Millfield | Millfield | Sheffield | Sheffield | Millfield | Plymouth |
| <i>year</i> | 2008 | 2010 | 2010 | 2008 | 2009 | 2010 | 2011 | 2016 |
| FEMALE SHORT COURSE | | | | | | | | |
| 200 FLY | Katie Parfitt | Katie Parfitt | Katie Parfitt | Maddie Hamlett | Abigail Abrahams | Abigail Abrahams | Maddie Hamlett | Chloe Edrich |
| <i>time</i> | 3.09.17 | 2.42.04 | 2.33.85 | 2.35.02 | 2.24.09 | 2.17.48 | 2.28.99 | 2.21.38 |
| <i>venue</i> | Hutton Moor | Hutton Moor | Millfield | Millfield | Hutton Moor | Hutton Moor | Millfield | Newport |
| <i>year</i> | 2009 | 2010 | 2011 | 2010 | 2009 | 2010 | 2014 | 2016 |
| FEMALE LONG COURSE | | | | | | | | |
| 200 FLY | Katie Parfitt | Katie Parfitt | Katie Parfitt | Abigail Abrahams | Abigail Abrahams | Abigail Abrahams | Abigail Abrahams | Chloe Edrich |
| <i>time</i> | 3.20.65 | 2.46.42 | 2.37.92 | 2.30.51 | 2.22.83 | 2.20.49 | 2.25.47 | 2.22.62 |
| <i>venue</i> | Cardiff | Bath | Millfield | Millfield | Bath | Millfield | Millfield | Plymouth |
| <i>year</i> | 2008 | 2010 | 2011 | 2008 | 2010 | 2010 | 2011 | 2016 |
| FEMALE SHORT COURSE | | | | | | | | |
| 100 IM | Katie Parfitt | Jessie Foster | Jessie Foster | Maisie Banwell | Abigail Lavallin | India Cooper | Georgia Hill | Chloe Edrich |
| <i>time</i> | 1.22.31 | 1.21.13 | 1.13.03 | 1.15.88 | 1.12.28 | 1.13.73 | 1.11.98 | 1.05.46 |
| <i>venue</i> | Hutton Moor | Swindon | Swindon | Millfield | Biggleswade | Gloucester | Bristol | Sheffield |
| <i>year</i> | 2009 | 2009 | 2010 | 2016 | 2006 | 2013 | 2016 | 2015 |
| FEMALE SHORT COURSE | | | | | | | | |
| 200 IM | Katie Parfitt | Katie Parfitt | Katie Parfitt | Abigail Abrahams | Abigail Abrahams | Abigail Abrahams | Beth Newton | Chloe Edrich |
| <i>time</i> | 2.56.17 | 2.43.02 | 2.32.82 | 2.33.01 | 2.27.73 | 2.22.36 | 2.26.39 | 2.17.89 |
| <i>venue</i> | Hutton Moor | Hutton Moor | Millfield | Newport | Hutton Moor | Millfield | Millfield | Millfield |
| <i>year</i> | 2009 | 2010 | 2011 | 2008 | 2009 | 2010 | 2014 | 2016 |
| FEMALE LONG COURSE | | | | | | | | |
| 200 IM | Katie Parfitt | Katie Parfitt | Katie Parfitt | Abigail Abrahams | Abigail Abrahams | Abigail Abrahams | Beth Newton | Chloe Edrich |
| <i>time</i> | 3.04.10 | 2.42.79 | 2.34.37 | 2.35.01 | 2.30.29 | 2.27.75 | 2.31.18 | 2.23.29 |
| <i>venue</i> | Bath | Millfield | Sheffield | Millfield | Millfield | Millfield | Plymouth | Plymouth |
| <i>year</i> | 2008 | 2010 | 2010 | 2008 | 2009 | 2010 | 2014 | 2016 |
| FEMALE SHORT COURSE | | | | | | | | |
| 400 IM | No Swimmer | Jessie Foster | Jessie Foster | Abigail Abrahams | Abigail Abrahams | Abigail Abrahams | Maddie Hamlett | Chloe Edrich |
| <i>time</i> | | 5.55.11 | 5.24.23 | 5.13.17 | 5.09.78 | 5.00.85 | 5.18.70 | 4.54.59 |
| <i>venue</i> | | Swindon | Swindon | Newport | Guildford | Hutton Moor | Millfield | Sheffield |
| <i>year</i> | | 2009 | 2010 | 2008 | 2009 | 2010 | 2014 | 2015 |
| FEMALE LONG COURSE | | | | | | | | |
| 400 IM | No Swimmer | Katie Parfitt | Katie Parfitt | Jessie Foster | Abigail Abrahams | Abigail Lavallin | Abigail Lavallin | Chloe Edrich |
| <i>time</i> | | 5.39.65 | 5.26.55 | 5.17.33 | 5.13.84 | 5.34.20 | 5.27.34 | 4.58.14 |
| <i>venue</i> | | Millfield | Millfield | Bath | Millfield | Bristol | Millfield | Sheffield |
| <i>year</i> | | 2010 | 2010 | 2010 | 2009 | 2012 | 2008 | 2016 |