

Saturday 5 May Life Centre, Plymouth

15, 16 & 17 yrs/over

1st Session

Warm-up 8.45 Start 10.00

Men's 200m Breaststroke

Women's 200m Ind. Medley inc SM5-14

Men's 100m Freestyle inc S1-14

Women's 50 Butterfly inc S1-7

Men's 50m Backstroke inc S1-5

Women's 400m Freestyle HDW inc S6-14

Finals 15yrs, 16yrs & 17yrs & over

Men's 200m Breaststroke

Women's 200m Ind. Medley

Men's 100m Freestyle

Women's 50m Butterfly

Men's 50m Backstroke

Men's 400m 14/16 & 17+ Freestyle Relay HDW

Women's 14/16 & 17+ 400m Freestyle Relay HDW

Sunday 6 May Life Centre, Plymouth

15, 16 & 17 yrs/over

1st Session

Warm-up 8.45 Start 10.00

Women's 100m Backstroke inc S1-S2 & S6-14

Men's 200m Freestyle inc S1-5, 14

Women's 200m Butterfly

Men's 100m Breaststroke inc SB4-9 & 11-14

Women's 50m Breaststroke inc SB1-3

Men's 400m Ind. Medley HDW

Finals 15yrs, 16yrs & 17yrs & over

Women's 100m Backstroke

Men's 200m Freestyle

Women's 200m Butterfly

Men's 100m Breaststroke

Women's 50m Breaststroke

Monday 7 May Life Centre, Plymouth

15, 16 & 17 yrs/over

1st Session

Warm-up 8.45 Start 10.00

Men's 100m Backstroke inc S1-2 & 6-14

Women's 100m Breaststroke inc SB4-9 & 11-14

Men's 200m Butterfly

Women's 200m Freestyle inc S1-5 & 14

Men's 50m Breaststroke inc SB1-3

Women's 400m Ind. Medley HDW

Finals 15yrs, 16yrs & 17yrs & over

Men's 100m Backstroke

Women's 100m Breaststroke

Men's 200m Butterfly

Women's 200m Freestyle

Men's 50m Breaststroke

Women's 14/16 & 17+ 800m Freestyle Relay HDW

Men's 14/16 & 17+ 800m Freestyle Relay HDW

Saturday 5 May Life Centre, Plymouth

15, 16 & 17 yrs/over

Afternoon Session

Women's 200m Breaststroke

Men's 200m Ind. Medley inc SM5-14

Women's 100m Freestyle inc S1-14

Men's 50 Butterfly inc S1-7

Women's 50m Backstroke inc S1-5

Men's 400m Freestyle HDW inc S6-14

Finals 15yrs, 16yrs & 17yrs & over

Women's 200m Breaststroke

Men's 200m Ind. Medley

Women's 100m Freestyle

Men's 50m Butterfly

Women's 50m Backstroke

Sunday 6 May Life Centre, Plymouth

15, 16 & 17 yrs/over

Afternoon Session

Women's 200m Backstroke

Men's 200m Backstroke

Women's 50m Freestyle inc S1-14

Men's 50m Freestyle inc S1-14

Women's 100m Butterfly inc S8-14

Men's 100m Butterfly inc S8-14

Finals 15yrs, 16yrs & 17yrs & over

Women's 200m Backstroke

Men's 200m Backstroke

Women's 50 Freestyle

Men's 50m Freestyle

Women's 100m Butterfly

Men's 100m Butterfly

Women's 14/16 & 17+ 400m Medley Relay HDW

Men's 14/16 & 17+ 400m Medley Relay HDW

Monday 7 May Life Centre, Plymouth

Afternoon Session

Men's & Women's 800m Freestyle HDW

Start time of Finals session and Afternoon sessions depends on entries and will be announced with the lists of accepted swimmers.

Para swimming events Open to all ages

Saturday 12 May Hengrove

Morning Heats 11/12, 13 & 14yrs

Warm-up 8.45 Start 10.00

Girls 200m Freestyle

Boys 100m Breaststroke

Girls 50m Butterfly

Boys 400m Individual Medley HDW

FINALS 11/12yrs, 13yrs & 14yrs

Girls 200m Freestyle

Boys 100m Breaststroke

Girls 50m Butterfly

Afternoon Heats 11/12, 13 & 14yrs

Boys 100m Butterfly

Girls 50m Freestyle

Boys 200m Backstroke

Girls 200m Breaststroke

FINALS 11/12yrs, 13yrs & 14yrs

Boys 100m Butterfly

Girls 50m Freestyle

Boys 200m Backstroke

Girls 200m Breaststroke

Saturday 19 May Millfield

Morning Heats 11/12, 13 & 14yrs

Warm-up 8.45 Start 10.00

Girls 200m Individual Medley

Boys 200m Freestyle

Girls 100m Breaststroke

Boys 50m Butterfly

Girls 400m Freestyle HDW

FINALS 11/12yrs, 13yrs & 14yrs

Boys 200m Freestyle

Girls 100m Breaststroke

Boys 50m Butterfly

Girls 200m Individual Medley

Afternoon Heats

Boys and Girls 1500m Freestyle HDW

Start time of Finals sessions and Afternoon session depends on entries and will be announced with the lists of accepted swimmers.

Sunday 13 May Hengrove

Morning Heats 11/12, 13 & 14yrs

Boys 200m Individual Medley

Girls 50m Backstroke

Boys 100m Freestyle

Girls 400m Individual Medley HDW

FINALS 11/12yrs, 13yrs & 14yrs

Boys 200m Individual Medley

Girls 50m Backstroke

Boys 100m Freestyle

Afternoon Heats 11/12, 13 & 14yrs

Girls 100m Butterfly

Boys 50m Freestyle

Girls 200m Backstroke

Boys 200m Breaststroke

FINALS 11/12yrs, 13yrs & 14yrs

Girls 100m Butterfly

Boys 50m Freestyle

Girls 200m Backstroke

Boys 200m Breaststroke

Sunday 20 May Millfield

Morning Heats 11/12, 13 & 14yrs

Warm-up 8.45 Start 10.00

Boys 400m Freestyle HDW

Girls 200m Butterfly

Boys 50m Backstroke

Girls 100m Freestyle

Boys 50m Breaststroke

FINALS 11/12yrs, 13yrs & 14yrs

Girls 200m Butterfly

Boys 50m Backstroke

Girls 100m Freestyle

Boys 50m Breaststroke

Afternoon Heats 11/12, 13 & 14yrs

Boys 200m Butterfly

Girls 50m Breaststroke

Boys 100m Backstroke

Girls 100m Backstroke

FINALS 11/12yrs, 13yrs & 14yrs

Boys 200m Butterfly

Girls 50m Breaststroke

Boys 100m Backstroke

Girls 100m Backstroke