

## Plymouth Leander Meet July 2017

Street& District sent a strong squad to take on the Summer Open meet hosted by Plymouth. Setting the team off to a great start Eric Varney took a huge chunk off her time to win an impressive Gold in the opening event, the gruelling 400m medley. Erica showed a combination of great strength, stamina and technique in all the strokes, testament to her brilliant dedication to training. A silver in the 100 fly was followed by 5<sup>th</sup> in the 200 breaststroke, 6<sup>th</sup> in the 100 breast, and a superb bronze in the 200 backstroke.

Little sister Ruby got amongst the medals with two super silvers in the 100 and 200 back, and a bronze in the 200 free. Ruby was unlucky to miss out on more medals getting 4<sup>th</sup> in the 200 breast, 5<sup>th</sup> in the 100 fly, 50 and 100 breast, again showing her excellent all-round ability.

Harvey Pike continued his fantastic season, swimming to an astonishing seven golds across 100, 200 and 400 free, 50 back, 50 fly, 100 and 200 breast, setting some impressive new PBs. Big sister Kayla also weighed in with a gold of her own in 50 backstroke, and just missing a medal in the 200 free and 200 back, along with a range of massive PBs in the 100 and 200 breast, 100 fly, 400 freestyle.

Joanna Black also showed her range of strokes and speed to win a great gold in the 200 medley, and completed her medal set with a silver in the 100 medley, and double bronze in 50 back and 100 free, with a 4<sup>th</sup> spot in the 50 free.



Ethan Difford also had an excellent meet, bagging a silver and new PB in the 50 freestyle, and five bronze in the 50 and 100 back, 50 and 100 free and 100 medley. His impressive swimming led to a host of new personal bests.

Silver in the 100 backstroke went to Sophie Bott, who also got 4<sup>th</sup> in 50 and 100 breast and 50 back, and a big PB in the 50 fly (6<sup>th</sup>), 100 IM (5<sup>th</sup>), and 50 and 100 free. Big sister Chloe also got in on the action with a load of top 10 finishes and PBs in 50 fly, 50, 100 and 200 freestyle, 100 and 200 breast, 100 and 200 medley and 100 backstroke. Lois Engelbrecht took a fine bronze in the 200 back, with 5<sup>th</sup> in the 50 fly and 8<sup>th</sup> in the 50 free and 100 medley

Bronze in the 100 back went to Xia Hooper-Ainsworth, who also just missed a podium spot with 4<sup>th</sup> in the 200 free and 50 back. Rounding off the medal haul was Oliver Mills, swimming to bronze in the 100 medley, ahead of team mate Jack Sweeney. The order was repeated in the 50 breast, with both picking up PBs.

Isis Walton smashed her PB but just missed medals in the 50 and 100 butterfly, 4<sup>th</sup> place finishes in both showing her improvement this year. Also competing for was young Emmie Difford who got a couple of good PBs in the 50 breast and 50 free.

A spokesperson for the Club said, "This was a great meet for our swimmers to look for new PBs and finish the season on a high. We've still got a couple of competitions to go, not least the nationals in the next few weeks, but this was a superb end to a long season for many of these swimmers."